

Jan 4/Jan 18	Jan 5/Jan 19	Jan 6/Jan 20	Jan 7/Jan 21	Jan 8/Jan 22
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
蘑菇炒韭菜 Fried Mushroom with leek 버섯 부추 볶음 有机花菜 Fried Cauliflower 컬리플라워 볶음 圆葱炒牛肉 Fried beef with onion 쇠고기 양파 볶음	干煸头菜 Stir-fry cabbage 양배추 볶음 火腿炒鸡蛋 Fried Egg with ham 햄 계란볶음 京酱肉丝 Shredded pork with bean paste 짜장소스에 요리한 돼지고기	豆芽炒肉 Bean sprout with pork 콩나물 돼지고기 볶음 西红柿炒鸡蛋 Scrambled egg with tomato 토마토 계란 볶음 可乐鸡肉 Cola chicken 콜라에 졸인 닭고기	白菜炖豆腐 Chinese cabbage with noodle 배추 당면 찜 炸蘑菇 Fried Mushroom 버섯 튀김 木须肉 Omelet with shredded pork and mushroom 계란 돼지고기채 볶음	炒土豆丝 Shredded potato 감자채 볶음 炒西兰花 Broccoli 브로컬리 볶음 香菇炖鸡肉 Mushroom with chicken 표고버섯 닭고기 조림

Jan11 /Jan 25	Jan 12/Jan 26	Jan 13/Jan 27	Jan 14/Jan 28	Jan 15/Jan 29
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
干煸头菜 Stir-fry cabbage 양배추 볶음 豆芽炒肉 Bean sprout with pork 콩나물 돼지고기 볶음 芝麻里脊 Fried pork with sesame 참깨 돼지고기 튀김	白菜炖豆腐 Chinese cabbage with noodle 배추 당면 찜 西芹土豆 Potato with celery 감자 샐러리 볶음 炸鸡排 Fried chicken cutlet 후라이드 치킨	炒土豆丝 Shredded potato 감자채 볶음 西红柿炒鸡蛋 Scrambled egg with tomato 토마토 계란 볶음 糖醋里脊 Sweet sour pork 탕수육	胡萝卜炒鸡蛋 Fried Shredded radish with egg 무채 볶음 炒芸豆丝 Fried beans 운두채볶음 薯条鸡肉 Chicken with fries 감자 치킨 튀김	炒豆皮 Green pepper with bean curd 피망 두부피 볶음 炒菜豆 Stir-fry green beans 강낭콩 볶음 土豆炖鸡肉 Potato with chicken 닭고기 감자 스투